



Yummies for Little Tummys



**Over 12 Months
Standard Menu**

Week Commencing: 09/05/2016

Our menu is:

- ✓ Egg Free
- ✓ Nut Free
- ✓ Seafood Free

Y4LT says no to nasty artificial colours, flavours & preservatives.

Y4LT meals are screened for sugar, salt and saturated fat content.

Please feel free to contact us on:

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Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
Assortment of Seasonal Fresh Fruit (e.g. Banana, Watermelon & Grapes) Maleny Dairies Vanilla Custard	Assortment of Seasonal Fresh Fruit (e.g. Pear, Orange & Apple) Natural Greek Style Yoghurt	Assortment of Seasonal Fresh Fruit (e.g. Banana, Orange & Honeydew) Maleny Dairies Vanilla Custard	Assortment of Seasonal Fresh Fruit (e.g. Banana, Orange & Honeydew) Apple & Cinnamon Yoghurt	Assortment of Seasonal Fresh Fruit (e.g. Pineapple, Apple & Pears) Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Pumpkin & Mixed Bean Curry Assorted Wholemeal Scrolls & Sandwiches Strawberry Spread (Made with 100% Fruit & no added sugar) Chicken & Pumpkin	Chicken Stroganoff & Rice Assorted Wholemeal & Grain Infusion Sandwiches Cream Cheese & Chicken & Apple	Mild Beef Korma & Rice Assorted Wholemeal Sandwiches & Rolls Ham (Nitrite Free) & Cheddar Cheese & Avocado	Chicken Bolognese with Fettuccine Assorted Wholemeal Sandwiches & Subs Black Cherry (Made with 100% Fruit & no added sugar) & Cheddar Cheese & Grated Carrot	Beef 'Not' So Chilli Con Carne Assorted Wholemeal Wraps & Sandwiches Vege Spread & Cheddar Cheese & Roast Beef & Sweet Potato
Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
Assortment of Seasonal Fresh Fruit Rice Thins with Ricotta Cheese	Assortment of Seasonal Fresh Fruit Cheddar Cheese Triangles with Water Crackers	Assortment of Seasonal Fresh Fruit Rice Crackers and Dried Fruit	Assortment of Seasonal Fresh Fruit Wholemeal Cheesy Scroll	Assortment of Seasonal Fresh Fruit Oaty Apple Slice

Week 1